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revisionrubinfeld.com

Congratulations! You have just completed your journey to visual freedom.

Please follow these guidelines unless otherwise instructed by your doctor:

- **DO NOT RUB YOUR EYES**
- **Wear the protective goggles for the first 24 hours, or until your 1 Day Post Op Visit**
- When showering or washing your face, avoid getting water or shampoo in your eyes
- NO eye makeup, swimming, hot tubs, dirty/dusty environments, or strenuous activity for 1 week.
- Wear the protective goggles provided to you while napping or sleeping for 1 week

After surgery you may experience:

- Tearing, burning, or dry eyes that require eye drops to increase moisture
- Mild discomfort or feeling like something is in your eyes
- Tenderness or some minor swelling of the eyelids
- Increased sensitivity to lights

It is common for one eye to be more comfortable than the other or for one eye to see better than the other during the healing process. Lubrication and time will improve your comfort and vision. Inflammation can occur in the cornea. While microscopic, this swelling can lead to blurred vision. This will correct itself over time. Initially, your eyes may be red with spots that will fade. Complete visual recovery could take up to 3 months.

You may take Tylenol, Advil, or other pain relievers as directed if necessary.

Please call us immediately if you experience:

- Sudden, drastic change in vision
- Flashes of light or increase in floaters
- Unusual discharge from the eye

If you have any questions or need anything, do not hesitate to call the office at 301-908-8091.