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Before Your PRK Procedure

EYE DROPS Polytrim antibiotic (generic: trimethoprim/polymyxin)
1 drop 4 times per day in surgery eye(s) starting the day before your procedure (ex: breakfast, lunch, dinner and bedtime).

CONTACT LENSES Stay out of your contact lens for at least one week prior to your procedure unless otherwise directed by the staff.

Day Of Your PRK Procedure

EYE DROPS Polytrim antibiotic (generic: trimethoprim/polymyxin)
Use 1 drop in surgery eye(s) prior to your procedure.

MEDICATION Ativan sedative (generic: Lorazepam)
Make sure to bring ALL prescription eye drops and medications with you on all procedure days.

*Do not take your Ativan until instructed by Re:Vision staff.

SCHEDULE Day 1 – PRK (Photorefractive Keratectomy)
Day 2 – Post-op visit

TRANSPORTATION Please arrive on time to your scheduled appointment and make any arrangements for transportation prior to each visit.

YOU WILL NEED A DRIVER FOR YOUR PROCEDURE.

FOOD No restrictions on eating. Feel free to eat a light breakfast or lunch prior to your appointments.

CLOTHING Wear comfortable clothing and bring a sweater or jacket (the laser room must be kept cool). Do not wear any makeup and heavy perfumes or cologne.

PRK Drop Schedule – Use in surgery eye(s).

WEEK 1	Day Before Surgery	Day 1 (PRK)	Day 2 (Post-Op)	Day 3	Day 4	Day 5	Day 6	Day 7
Polytrim (polymyxin)	○ ○ ○ ○ 4 times a day	○ ○ ○ ○	○ ○ ○ ○	○ ○ ○ ○	○ ○ ○ ○	○ ○ ○ ○	○ ○ ○ ○	Discontinue
Pred Forte (prednisolone)		○ ○ ○ ○ 4 times a day	○ ○ ○ ○	○ ○ ○ ○	○ ○ ○ ○	○ ○ ○ ○	○ ○ ○ ○	○ ○ ○ ○
Comfort Drops			○ ○ ○ ○ As needed	○ ○ ○ ○ As needed	○ ○ ○ ○ As needed	○ ○ ○ ○ As needed	○ ○ ○ ○	Discontinue
Artificial Tears			Every 1-2 Hours While Awake	Every 1-2 Hours While Awake	Every 1-2 Hours While Awake	Every 1-2 Hours While Awake	Every 1-2 Hours While Awake	Every 1-2 Hours While Awake

	WEEK 2	WEEK 3	WEEK 4	WEEK 5
Pred Forte (prednisolone)	○ ○ ○ 3 times a day	○ ○ 2 times a day	○ 1 time a day	Discontinue
Artificial Tears	○ ○ ○ ○ 4 times a day	○ ○ ○ ○ 4 times a day	○ ○ ○ ○ 4 times a day	Use As Needed

Wait Between Drops: Please allow at least five minutes between any eye drops.
(using a second eye drop immediately after using the first drop, washes out the first eye drop).

Polytrim antibiotic
(generic: trimethoprim/polymyxin)

1 drop 4 times per day in surgery eye(s).
Start the day before surgery.

(ex: breakfast, lunch, dinner and bedtime)

Pred Forte steroid
(generic: prednisolone acetate)
Shake well.

Week 1: 1 drop 4 times per day.
Week 2: 1 drop 3 times per day.
Week 3: 1 drop 2 times per day.
Week 4: 1 drop 1 time per day
Start after PRK.

Artificial Tears:

1 drop every 1-2 hours for the first week.

The following are recommended artificial tears without irritating preservatives:

Systane or Systane Ultra
Optive Preservative Free
Hypotears Preservative Free
Tears Naturale Preservative Free
Gentel, Soothe, Bion Tears