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revisionrubinfeld.com

Before Your Procedure

- EYE DROPS** Polytrim antibiotic (generic: trimethoprim/polymyxin)
1 drop 4 times per day in surgery eye(s) starting the day before the procedure (ex: breakfast, lunch, dinner and bedtime).
- CONTACT LENSES** Stay out of your contact lens for at least one week before your procedure unless directed otherwise by the staff.

Day Of Your Procedure

- EYE DROPS** Polytrim antibiotic (generic: trimethoprim/polymyxin)
Use 1 drop in surgery eye(s) prior to the procedure.
- MEDICATION** Ativan sedative (generic: Lorazepam)
Make sure to bring ALL prescription eye drops and medications with you on all procedure days.

*Do not take your Ativan until instructed by Re:Vision staff.
- SCHEDULE** Day 1 - CK (conductive keratoplasty)
Day 2 - CXL (collagen cross-linking)
- TRANSPORTATION** Please arrive on time to your scheduled appointments and make any necessary arrangements prior to each visit.

YOU WILL NEED A DRIVER FOR ALL OF YOUR PROCEDURE APPOINTMENTS.
- FOOD** No restrictions on eating. Feel free to eat a light meal prior to your appointments.
- CLOTHING** Wear comfortable clothing and bring a sweater or jacket (the procedure room must be kept cool). Do not wear any makeup, heavy perfumes or cologne. Bring a pair of sunglasses to help with any light sensitivity.

CK / CXL Drop Schedule - Use in surgery eye(s).

	Day Before Surgery	Day 1 (CK)	Day 2 (CXL)	Day 3	Day 4	Day 5	Day 6
Polytrim (polymyxin)	○ ○ ○ ○ 4 times a day	○ ○ ○ ○	○ ○ ○ ○	○ ○ ○ ○	○ ○ ○ ○	○ ○ ○ ○	Discontinue
Pred Forte (prednisolone)		○ ○ ○ ○ 4 times a day	○ ○ ○ ○	○ ○ ○ ○	○ ○ ○ ○	○ ○ ○ ○	Discontinue
Comfort Drops*			○ ○ ○ ○ As needed	○ ○ ○ ○ As needed			Discontinue
Artificial Tears**			Every 1-2 Hours While Awake	Every 1-2 Hours While Awake	Every 1-2 Hours While Awake	Every 1-2 Hours While Awake	Every 1-2 Hours While Awake

***Comfort Drops will be given on Day 2.** Use no more than four (4) times daily if needed for discomfort. Discard after Day 5.

**Continue using Artificial Tears at least four (4) times daily or as needed for the first month.

Wait Between Drops: Please allow at least five minutes between eye drops (using a second eye drop immediately after using the first drop, washes out the first eye drop).

Polytrim antibiotic
(generic: trimethoprim/polymyxin)

1 drop 4 times per day in surgery eye(s).
Start the day before surgery.

(ex: breakfast, lunch, dinner and bedtime)

Pred Forte steroid
(generic: prednisolone acetate)

1 drop 4 times per day in surgery eye(s).
Start after the 1st procedure.

Shake well.

(ex: breakfast, lunch, dinner and bedtime)

Artificial Tears:

1 drop every 1-2 hours for the first week.

The following are recommended artificial tears without irritating preservatives:

Systane or Systane Ultra
Optive Preservative Free
Hypotears Preservative Free
Tears Naturele Preservative Free
Genteal, Soothe, Bion Tears