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**revisionrubinfeld.com**

## Before Your LASIK Procedure

**EYE DROPS** Polytrim antibiotic (generic: trimethoprim/polymyxin)  
1 drop 4 times per day in surgery eye(s) starting the day before your procedure (ex: breakfast, lunch, dinner and bedtime).

**CONTACT LENSES** Stay out of your contact lens for at least one week prior to your procedure unless otherwise directed by the staff.

## Day Of Your LASIK Procedure

**EYE DROPS** Polytrim antibiotic (generic: trimethoprim/polymyxin)  
Use 1 drop in surgery eye(s) prior to your procedure.

**MEDICATION** Ativan sedative (generic: Lorazepam)  
Make sure to bring ALL prescription eye drops and medications with you on all procedure days.

\*Do not take your Ativan until instructed by Re:Vision staff.

**SCHEDULE** Day 1 - LASIK (Laser In-Situ Keratomileusis)  
Day 2 - Post-op visit

**TRANSPORTATION** Please arrive on time to your scheduled appointment and make any arrangements for transportation prior to each visit.

YOU WILL NEED A DRIVER FOR YOUR PROCEDURE.

**FOOD** No restrictions on eating. Feel free to eat a light breakfast or lunch prior to your appointments.

**CLOTHING** Wear comfortable clothing and bring a sweater or jacket (the laser room must be kept cool). Do not wear any makeup and heavy perfumes or cologne.

## LASIK Drop Schedule – Use in surgery eye(s).

	Day Before Surgery	Day 1 (LASIK)	Day 2 (Post-Op)	Day 3	Day 4	Day 5	Day 6
<b>Polytrim</b> (polymyxin)	○ ○ ○ ○ 4 times a day	○ ○ ○ ○	○ ○ ○ ○	○ ○ ○ ○	○ ○ ○ ○	Discontinue	
<b>Pred Forte</b> (prednisolone)		○ ○ ○ ○ 4 times a day	○ ○ ○ ○	○ ○ ○ ○	○ ○ ○ ○	Discontinue	
<b>Artificial Tears*</b>			Every 1-2 Hours While Awake	Every 1-2 Hours While Awake	Every 1-2 Hours While Awake	Every 1-2 Hours While Awake	Every 1-2 Hours While Awake

\*Continue using Artificial Tears at least four (4) times daily or as needed for the first few months.

**Wait Between Drops:** Please allow at least five minutes between eye drops (using a second eye drop immediately after using the first drop, washes out the first eye drop).

**Polytrim antibiotic**  
(generic: trimethoprim/polymyxin)

1 drop 4 times per day in surgery eye(s).  
Start the day before surgery.

(ex: breakfast, lunch, dinner and bedtime)

**Pred Forte steroid**  
(generic: prednisolone acetate)

1 drop 4 times per day in surgery eye(s).  
Start after the 1<sup>st</sup> procedure.

Shake well.

(ex: breakfast, lunch, dinner and bedtime)

**Artificial Tears:**

1 drop every 1-2 hours for the first week.

The following are recommended artificial tears without irritating preservatives:

Systane or Systane Ultra  
Optive Preservative Free  
Hypotears Preservative Free  
Tears Naturale Preservative Free  
Genteal, Soothe, Bion Tears